

-53kg	U16	U18	U23
SQUAT	100 Liam Welsh 19/05/2013	125 Alex Summers 02/11/2019	126 Alex Summers 12/02/2023
BENCH PRESS	60 Liam Welsh 19/05/2013	80 Flayaz Moolji 02/11/2019	80 Flayaz Moolji 02/11/2019
DEADLIFT	150 Liam Welsh 19/05/2013	180 Flayaz Moolji 02/11/2019	180 Flayaz Moolji 02/11/2019
TOTAL	310 Liam Welsh 19/05/2013	380 Flayaz Moolji 02/11/2019	380 Flayaz Moolji 02/11/2019
BENCH (A/C)	60 Liam Welsh 19/05/2013	80 Flayaz Moolji 02/11/2019	80 Flayaz Moolji 02/11/2019



SE RECORDS - MALE CLASSIC

Updated to 23/06/2024

-59kg	U16	U18	U23	Open	M1	M2	M3	M4	M5	M6
SQUAT	135 Jake Scott 24/03/2024	145 Ralph Atkinson 29/10/2016	170 Charlie Woods 20/03/2024	200 Luke Bennett 30/03/2019	122.5 Barry Lilley 03/06/2023	122.5 Barry Lilley 03/06/2023	122.5 Barry Lilley 03/06/2023	122.5 Barry Lilley 03/06/2023	Standard	Standard
BENCH PRESS	80 Jake Scott 24/03/2024	95 Ralph Atkinson 17/07/2016	110 Daniel Meston 24/09/2017	120 Luke Bennett 30/03/2019	70 Barry Lilley 22/08/2021	70 Barry Lilley 22/08/2021	70 Barry Lilley 22/08/2021	70 Barry Lilley 15/04/2023	Standard	Standard
DEADLIFT	185 Jake Scott 24/03/2024	185 Jake Scott 24/03/2024	202.5 Charlie Woods 27/04/2023	215 Gibson Goze 26/11/2023	147.5 Barry Lilley 03/06/2023	147.5 Barry Lilley 03/06/2023	147.5 Barry Lilley 03/06/2023	147.5 Barry Lilley 03/06/2023	Standard	Standard
TOTAL	400 Jake Scott 24/03/2024	417.5 Ralph Atkinson 17/07/2016	475 Charlie Woods 27/04/2023	505 Luke Bennett 30/03/2019	340 Barry Lilley 03/06/2023	340 Barry Lilley 03/06/2023	340 Barry Lilley 03/06/2023	340 Barry Lilley 03/06/2023	Standard	Standard
BENCH (A/C)	80 Jake Scott 24/03/2024	95 Ralph Atkinson 17/07/2016	112.5 Charlie Woods 24/09/2023	120 Luke Bennett 30/03/2019	70 Barry Lilley 22/08/2021	70 Barry Lilley 22/08/2021	70 Barry Lilley 22/08/2021	70 Barry Lilley 15/04/2023	Standard	Standard

-66kg	U16	U18	U23	Open	M1	M2	M3	M4	M5	M6
SQUAT	167.5 Charley Bentley 24/10/2021	175 Charley Bentley 06/02/2022	200 Nate Shaw 17/09/2017	215 Conor Eede 10/03/2024	120 Rakib Abdul 06/05/2017	120 Malcolm Bainbridge 04/06/2019	120 Malcolm Bainbridge 04/06/2019	120 Malcolm Bainbridge 04/06/2019	Standard	Standard
BENCH PRESS	92.5 Charley Bentley 19/09/2021	125 Billy Papakostas 29/10/2023	137.5 Lewis Best 26/11/2023	150 Chris Simmons 25/05/2014	85 Rakib Abdul 06/05/2017	82.5 Malcolm Bainbridge 04/06/2019	82.5 Malcolm Bainbridge 04/06/2019	82.5 Malcolm Bainbridge 04/06/2019	Standard	Standard
DEADLIFT	205 Charley Bentley 04/12/2021	207.5 Charley Bentley 06/02/2022	250 Oliver Perkins 12/03/2023	250 Oliver Perkins 12/03/2023	182.5 Malcolm Bainbridge 02/06/2018	182.5 Malcolm Bainbridge 02/06/2018	182.5 Malcolm Bainbridge 02/06/2018	182.5 Malcolm Bainbridge 02/06/2018	Standard	Standard
TOTAL	462.5 Charley Bentley 04/12/2021	485 Billy Papakostas 29/10/2023	550 Oliver Perkins 12/03/2023	590 Chris Simmons 25/05/2014	385 Malcolm Bainbridge 04/06/2019	385 Malcolm Bainbridge 04/06/2019	385 Malcolm Bainbridge 04/06/2019	385 Malcolm Bainbridge 04/06/2019	Standard	Standard
BENCH (A/C)	92.5 Charley Bentley 19/09/2021	125 Billy Papakostas 29/10/2023	137.5 Lewis Best 26/11/2023	150 Chris Simmons 25/05/2014	130 Aaron Gideon 04/03/2023	82.5 Malcolm Bainbridge 04/06/2019	82.5 Malcolm Bainbridge 04/06/2019	82.5 Malcolm Bainbridge 04/06/2019	Standard	Standard

-74kg	U16	U18	U23	Open	M1	M2	M3	M4	M5	M6
SQUAT	172.5 Morgan Cautkin 26/11/2023	225 Isaac Wong 10/10/2023	260 Amari Robinson 13/08/2023	260 Amari Robinson 13/08/2023	182.5 Nimesh Gurung 07/04/2024	175 Ronan Bell 18/11/2018	130 Doug Graham 06/05/2017	117.5 Malcolm Bainbridge 31/03/2019	Standard	Standard
BENCH PRESS	112.5 Vincent Tiley 19/11/2023	135 Oliver Walker 24/11/2018	147.5 Amari Robinson 13/08/2023	165 Krishan Mistry 10/03/2024	121 Ronan Bell 20/05/2018	121 Ronan Bell 20/05/2018	90 Brent Gebbie 19/05/2024	90 Brent Gebbie 19/05/2024	Standard	Standard
DEADLIFT	210 Luke Christian-Small 26/11/2023	247.5 Isaac Wong 29/04/2023	285 Amari Robinson 13/08/2023	285 Amari Robinson 13/08/2023	232.5 Nicholas Bentley 26/10/2019	215.5 Ronan Bell 30/10/2022	210 Kevin Payne 26/10/2019	180 Malcolm Bainbridge 31/03/2019	Standard	Standard
TOTAL	487.5 Luke Christian-Small 26/11/2023	587.5 Isaac Wong 10/10/2023	692.5 Amari Robinson 13/08/2023	692.5 Amari Robinson 13/08/2023	500 Nicholas Bentley 26/10/2019	492.5 Ronan Bell 18/11/2018	415 Kevin Payne 26/10/2019	377.5 Malcolm Bainbridge 31/03/2019	Standard	Standard
BENCH (A/C)	112.5 Vincent Tiley 19/11/2023	135 Oliver Walker 24/11/2018	147.5 Amari Robinson 13/08/2023	165 Krishan Mistry 10/03/2024	125 Craig Wilkins 02/06/2018	121 Ronan Bell 20/05/2018	90 Brent Gebbie 19/05/2024	90 Brent Gebbie 19/05/2024	Standard	Standard

-83kg	U16	U18	U23	Open	M1	M2	M3	M4	M5	M6
SQUAT	230.5 Dominic Grey 29/10/2023	243 Dominic Grey 23/03/2024	275 James Adcock 03/07/2021	280 James Adcock 05/09/2021	210 Will Mann 20/10/2018	192.5 Dave Brockway 22/06/2024	170 Paul Golding 12/02/2023	117.5 Kelvin Brown 22/05/2022	90 Ted Cooper 06/05/2017	Standard
BENCH PRESS	135 Theo Goff 03/11/2019	162.5 Theo Goff 27/09/2021	162.5 Theo Goff 27/09/2021	170 Josh Woods 26/11/2023	155 John Burrows 07/04/2013	125 Stuart Peskett 17/07/2021	103 Paul Golding 12/02/2023	85 Jeff Fearon 10/04/2011	60 Ted Cooper 06/05/2017	Standard
DEADLIFT	275.5 Dominic Grey 29/10/2023	275.5 Dominic Grey 29/10/2023	329 Max Mansell-Rowe 28/04/2023	350 Saheed Aregbe 04/12/2021	265 Will Mann 20/10/2018	217.5 John Mulley 18/11/2018	182.5 Paul Golding 12/02/2023	140 Ted Cooper 06/05/2017	140 Ted Cooper 06/05/2017	Standard
TOTAL	633.5 Dominic Grey 29/10/2023	655.5 Dominic Grey 23/03/2024	739 Max Mansell-Rowe 28/04/2023	747.5 Saheed Aregbe 04/12/2021	620 Will Mann 06/06/2019	510 Dave Brockway 22/06/2024	455.5 Paul Golding 12/02/2023	310 Kelvin Brown 22/05/2022	290 Ted Cooper 06/05/2017	Standard
BENCH (A/C)	135 Theo Goff 03/11/2019	162.5 Theo Goff 27/09/2021	177.5 Matthew Robertson 04/03/2023	177.5 Matthew Robertson 04/03/2023	155 John Burrows 07/04/2013	135 Stuart Peskett 29/11/2022	120 Errol Nestor 02/20/2022	100 Tony Richards 30/10/2021	60 Ted Cooper 06/05/2017	Standard

-93kg	U16	U18	U23	Open	M1	M2	M3	M4	M5	M6
SQUAT	210 Kristian Constantinou 05/03/2017	225 Luke Taylor 29/10/2016	303 James Adcock 14/05/2022	303 James Adcock 14/05/2022	235 Paul Kemp 18/03/2018	200 Roy Cole 22/04/2012	175 Mark Macey 03/06/2023	125 Michael Ellender 18/11/2018	Standard	Standard
BENCH PRESS	145 Kristian Constantinou 05/03/2017	147.5 Owen Visser 22/06/2024	195 George Croucher 22/10/2021	196 Richard Perfield 07/04/2024	160 Ross Carlyle 01/12/2022	156 Roy Cole 22/04/2012	120 Mark Macey 15/04/2023	110 Michael Ellender 17/07/2021	Standard	Standard
DEADLIFT	240 Ashton Smith 29/10/2023	275 Lawrence Mwakanosya 30/10/2022	343 James Adcock 14/05/2022	350 James Adcock 26/11/2023	262.5 Ross Carlyle 04/06/2023	235 Simon Lee 21/06/2015	205.5 Mark Macey 15/04/2023	205 Michael Ellender 31/03/2019	Standard	Standard
TOTAL	585 Kristian Constantinou 05/03/2017	617.5 Owen Visser 22/06/2024	811 James Adcock 14/05/2022	811 James Adcock 14/05/2022	635 Ross Carlyle 04/06/2023	581 Roy Cole 22/04/2012	495.5 Mark Macey 15/04/2023	430 Michael Ellender 31/03/2019	Standard	Standard
BENCH (A/C)	145 Kristian Constantinou 05/03/2017	147.5 Owen Visser 22/06/2024	195 George Croucher 22/10/2021	196 Richard Perfield 07/04/2024	162.5 Ross Carlyle 26/05/2022	156 Roy Cole 22/04/2012	120 Mark Macey 15/04/2023	112.5 Michael Ellender 30/10/2021	75 Jeff Fearon 22/07/2018	Standard

-105kg	U16	U18	U23	Open	M1	M2	M3	M4	M5	M6
SQUAT	212.5 Edward Crossley 17/11/2018	272.5 Nonso Chinye 30/04/2023	277.5 Charlie Wade 30/10/2016	293 Stephanos Karidis 07/04/2024	282.5 Ross Brimstead 25/07/2021	282.5 Russ Kirby 25/07/2021	215 Steve Blackwell 19/09/2021	Standard	Standard	Standard
BENCH PRESS	142.5 Edward Crossley 17/11/2018	167.5 Anthony Vella 24/10/2021	186 Joseph Watson 17/11/2018	210 Alexander Jackson 10/03/2024	187.5 Russ Kirby 20/03/2016	157.5 Steve Blackwell 22/04/2012	145 Steve Blackwell 22/05/2022	Standard	Standard	Standard
DEADLIFT	227.5 Bradley May 31/10/2015	343 Nonso Chinye 30/04/2023	343 Nonso Chinye 30/04/2023	368 Michael Tennant 12-13/03/22	320 Ross Brimstead 29/10/2023	295 Steve Blackwell 15/03/2014	260 Steve Blackwell 22/05/2022	Standard	Standard	Standard
TOTAL	575 Edward Crossley 13/10/2018	778.5 Nonso Chinye 30/04/2023	778.5 Nonso Chinye 30/04/2023	825.5 Michael Tennant 12-13/03/22	770 Ross Brimstead 25/07/2021	672.5 Steve Blackwell 15/03/2014	615 Steve Blackwell 22/05/2022	Standard	Standard	Standard
BENCH (A/C)	142.5 Edward Crossley 17/11/2018	170 Barnaby Spear 02-04/08/2022	186 Joseph Watson 17/11/2018	210 Alexander Jackson 10/03/2024	190 Peter Szoke 13/06/2021	157.5 Steve Blackwell 22/04/2012	155 Lindsay Streeton 19/02/2022	110 Michael Ellender 19/02/2022	Standard	Standard

-120kg	U16	U18	U23	Open	M1	M2	M3	M4	M5	M6
SQUAT	210 Jonathan Dowling 29/10/2023	313 Nonso Chinye 12/10/2023	313 Nonso Chinye 12/10/2023	313 Nonso Chinye 12/10/2023	290 Russ Kirby 22/05/2022	290 Russ Kirby 22/05/2022	234 Nigel Haigh 05/06/2019	60 Bernard Cunningham 20/11/2016	Standard	Standard
BENCH PRESS	115 Jonathan Dowling 29/10/2023	192.5 Nonso Chinye 12/10/2023	192.5 Nonso Chinye 12/10/2023	200 Keelum Walton 22/08/2021	197.5 Russel Kirby 09/10/2011	155 John Hall 22/04/2012	140 Steve Porter 06/04/2024	55 Bernard Cunningham 20/11/2016	Standard	Standard
DEADLIFT	235 Jonathan Dowling 29/10/2023	363 Nonso Chinye 12/10/2023	363 Nonso Chinye 12/10/2023	363 Nonso Chinye 12/10/2023	297.5 Joe Martin 28/04/2019	270 Russ Kirby 22/05/2022	225 Nigel Haigh 05/06/2019	130 Bernard Cunningham 20/11/2016	Standard	Standard
TOTAL	560 Jonathan Dowling 29/10/2023	868.5 Nonso Chinye 12/10/2023	868.5 Nonso Chinye 12/10/2023	868.5 Nonso Chinye 12/10/2023	770 Russel Kirby 17/12/2011	672.5 Russ Kirby 22/05/2022	569 Nigel Haigh 05/06/2019	245 Bernard Cunningham 20/11/2016	Standard	Standard
BENCH (A/C)	115 Jonathan Dowling 29/10/2023	192.5 Nonso Chinye 12/10/2023	192.5 Nonso Chinye 12/10/2023	205 Keelum Walton 13/06/2021	197.5 Russel Kirby 09/10/2011	177.5 Darren Ball 01/08/2023	140 Steve Porter 06/04/2024	55 Bernard Cunningham 20/11/2016	Standard	Standard

120kg+	U16	U18	U23	Open	M1	M2	M3	M4	M5	M6
SQUAT	Standard	300 Bradley May 25/11/2017	317.5 Bradley May 25/01/2020	330 Keelum Walton 03/09/2023	260 Herb Sherman 17/07/2021	247.5 Nigel Haigh 09-14/03/2020	247.5 Nigel Haigh 09-14/03/2020	Standard	Standard	Standard
BENCH PRESS	Standard	162.5 Robert Gainlall 17/11/2018	182.5 Bradley May 25/01/2020	220 Keelum Walton 03/09/2023	185 Herb Sherman 17/07/2021	162.5 John Hall 10/04/2011	110 Nigel Haigh 09-14/03/2020	Standard	Standard	Standard
DEADLIFT	Standard	285 Bradley May 25/11/2017	317.5 Bradley May 25/01/2020	320 Callum Nichols 04/08/2019	280 Lee Richards 15/11/2015	260 John Hall 10/04/2011	225 Nigel Haigh 09-14/03/2020	Standard	Standard	Standard
TOTAL	Standard	745 Bradley May 25/11/2017	817.5 Bradley May 25/01/2020	840 Keelum Walton 03/09/2023	715 Herb Sherman 17/07/2021	657.5 John Hall 10/04/2011	582.5 Nigel Haigh 09-14/03/2020	Standard	Standard	Standard
BENCH (A/C)	Standard	162.5 Robert Gainlall 17/11/2018	182.5 Bradley May 25/01/2020	220 Keelum Walton 03/09/2023	190 Herb Sherman 19/02/2022	182.5 Xan Moody-Stuart 02/03/2024	110 Nigel Haigh 09-14/03/2020	Standard	Standard	Standard