

# South East Powerlifting AGM 2020/21

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October 30<sup>th</sup> 2021

12PM

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**ASTOR SECONDARY SCHOOL**

Astor avenue,

Dover,

Kent,

CT17 0AS

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Open to all South East  
Powerlifting Members



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# AGM 2020/21 Agenda

1. Register of all members present.
2. Apologies.
3. Minutes of 2019 AGM (please read in advance).
4. Matters Arising.
5. Election of Officers.
6. Exec & Officers Reports.
7. Referees.
8. Competitions.
9. Social Media.
10. 2022 AGM.
11. Any Other Business.

Chairman	Mick Ellender	<a href="mailto:C.Elender@sky.com">C.Elender@sky.com</a>
General Secretary	Adam Reilly	<a href="mailto:AdamReilly@btinternet.com">AdamReilly@btinternet.com</a>
Treasurer	Cameron Keyes	<a href="mailto:CKeyes@hotmail.co.uk">CKeyes@hotmail.co.uk</a>
Technical Officer	Adam Reilly	<a href="mailto:AdamReilly@btinternet.com">AdamReilly@btinternet.com</a>
Web Master	Nick Grundy	<a href="mailto:NickGrundy@ol.com">NickGrundy@ol.com</a>
Records Officer	Charlotte Reynolds	<a href="mailto:C.Elender@sky.com">C.Elender@sky.com</a>
Safeguarding	Cameron Keyes	<a href="mailto:CKeyes@hotmail.co.uk">CKeyes@hotmail.co.uk</a>
Safeguarding	Teneka Walford	<a href="mailto:Teneka.w@hotmail.com">Teneka.w@hotmail.com</a>
Drug Control Officer	Russ Kirby	<a href="mailto:RussKirby1@yahoo.co.uk">RussKirby1@yahoo.co.uk</a>
Drug Control Officer	Alexander Kolliari-Turner	<a href="mailto:Turner.Alex@ymail.com">Turner.Alex@ymail.com</a>
Equipment Officer	Mark Macey	<a href="mailto:MarkM140@outlook.com">MarkM140@outlook.com</a>
EPA & BP Representative	Mick Ellender	<a href="mailto:C.Elender@sky.com">C.Elender@sky.com</a>
Female Representative	Louise Richardson	<a href="mailto:LouiseHR69@hotmail.com">LouiseHR69@hotmail.com</a>
Media Officer	Craig Wilkins	<a href="mailto:craig@craigwilkins.co.uk">craig@craigwilkins.co.uk</a>
Media Officer	Cameron Keyes	<a href="mailto:CKeyes@hotmail.co.uk">CKeyes@hotmail.co.uk</a>
Media Officer	Teneka Walford	<a href="mailto:Teneka.W@hotmail.com">Teneka.W@hotmail.com</a>
Merchandising Officer	Cameron Keyes	<a href="mailto:CKeyes@hotmail.co.uk">CKeyes@hotmail.co.uk</a>

### **1. Register of all members present.**

Cameron Keyes, Teneka Walford, Adam Reilly, Craig Coggle, Rebecca Coggle, Craig Wilkins, Mark Macey, Mick Ellender, Charlotte Reynolds, Julie Briggs, Sue Curtiss and Gary Hills.

### **2. Apologies.**

Russ Kirby.

### **3. Minutes of 2019 AGM (please read in advance).**

Accepted unanimously.

### **4. Matters Arising.**

None.

### **5. Election of officers.**

Need to update list on website.

2022 will be re-election of board roles.

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Change of DCO role to Drug Advisor due to changes within British Powerlifting- to be discussed further with Russ Kirby.

## **6. Exec and Officers Reports**

**6.1. Treasurers report-** 2020 not much to report due to Covid-19. 2021 we purchased new competition rack but have been able to break even with the championships this year. Few other expenditures; less referee expenses than normal years. Future spending will be for new equipment for the South East to better our championships, however, issue of storage and transportation still evident.

Accounts- accepted unanimously.

**6.2. General Secretary report-** 2020 only one SE championship but have managed to start again in 2021 with some very busy months on the calendar. We have been struggling for support at the championships this year, with Astor and the most regular faces showing up every time and putting in the work. It seems that lifters have forgotten that we are all volunteers with fulltime jobs and it is not sustainable for the future of the division, meaning there could be risk of cancellations. On this note, thank you to all that have volunteered with us this year. Astor are hosting the British Bench press on the 19<sup>th</sup> of February 2022, using the school theatre for the first time since 2014. We are looking to using external venues in the future to better our standards.

**6.3. Chairman's report-** Covid-19 was a real inconvenience throughout 2020 for divisional, national and international championships, making this year tough to fit in all that have been missed in only a few months. Excited and optimistic for the future of the sport. Thanks to all volunteers and Astor for their hard work.

**6.4 Merchandising Report-** to be integrated into the Treasurer report in future. Small profit held at the moment due to new stock of T-shirts and deadlift socks. It seems that it is most commonly juniors that are buying stock. Since using the SumUp machine, most payments are by card now.

## **7. Referees.**

Referees that have not been seen this year to be contacted. Small extension given to existing referees status due to interruption from Covid-19.

### **7.1. Exam Date**

Will be held early 2022.

## **8. Competitions.**

### **8.1. Calendar date**

Awaiting confirmation of national and international championships before confirming divisional dates. Planning for two double day championships at Astor and at least one each at Bridge Road and Locker27. Mark Macey running unofficial push and pull to test new venue, potential for future championships.

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## **8.2. Proposal- Increase the participation from the SE community. Explore methods on how to increase the number of people to help out at competitions.**

Social media poll to ask people what would motivate them to volunteer. Development sessions for spotters/loaders to boost confidence, also briefings before championships with volunteers so they understand their roles.

Volunteer list and rota to be published in the lead up to championships to show gaps and get more people in.

T-shirt for loading volunteers for smarter platform and as motivation- exclusive T-shirts only gained by volunteering on the platform.

Discussions had about possibility of free membership after set amount of days volunteered in a year, priority entry to future championships, to be decided and set by the board.

## **9. Social Media.**

Running well, officers have added new features such as automated response and easy questions. Craig to continue posting about lifters competing at nationals and internationals. Teneka and Cameron to continue with content posting. Teneka to continue with answering all queries via Facebook, Instagram and now to include Twitter and the SE email account.

Lifters to be reminded that the social media accounts are ran by people with fulltime jobs so will not always be able to reply quickly.

## **10. 2022 AGM.**

To be set at the end of 2022. Previous decision to move the AGM around divisions, however there has still been little attendance by anyone other than officials, all of which live in Kent. Need to boost attendance of lifters at AGMs as we do not know how to become better or change to people's needs without their input.

## **11. AOB.**

Scoresheet does not show difference between U16 and U18 lifters making it hard for records. Openlifter good program but still has some negatives compared to the IPF excel sheet. To be trialed for use but current preference of IPF sheet.

DBS check as per BP AGM still in the air- no concrete decision from BP due to their lack of research and knowledge. Safeguarding team hold multiple DBS's. Aim for two people to be in the weigh in at all times, although difficult as some venues, under 18s to have someone with them. Second person does not have to be an official, chaperones are fine.

AGM closed at 3 pm.