



Top 20 Women ranked by IPF

Classic Powerlifting IPF

	Name	Age Class	Weight Class	IPF	Division	Competition
1	Suzanne Daniel	U23	63	751.87	SE	BP British Junior Classic
2	Sheri Miles	Senior	72	736.26	SE	EPA All England
3	Florence Walton	Senior	72	697.45	SE	SE Open
4	Madelaine Daniel	U23	63	666.86	SE	BP British University
5	Lizzie Mills	U23	84	640.40	SE	EPA Interdivisional
6	Kristina March	U23	57	636.61	SE	SE Open
7	Emily Dodd	Senior	57	629.97	SE	BP British Classic
8	Yasmin Bappoo	U23	47	625.98	SE	BP British Junior Classic
9	Sue Burrows-Meaney	M1	84	599.68	SE	BP British Masters Classic
10	Betty Gray	M2	84+	598.73	SE	BP British Masters Classic
11	Ana Rojo-Echeburua	Senior	72	596.83	SE	EPA Interdivisional
12	Jana Lee Morris	Senior	72	593.01	SE	BP British Classic
13	Poppy Joshi	U23	72	585.08	SE	BP British Junior Classic
14	Claudia Luscombe-Whyt	M1	72	583.79	SE	BP British Masters Classic
15	Lydia Forrest	U23	52	578.65	SE	SE Open
16	Olivia Bullis	U23	84	575.56	SE	EPA All England
17	Rebecca Coggle	Senior	84+	574.37	SE	BP British Classic
18	Charlotte Goss	Senior	52	573.57	SE	BP British Classic
19	Sally Mann	Senior	57	571.77	SE	BP British Masters Classic
20	Francesca Boylan	U23	57	570.27	SE	SE Open

Equipped Powerlifting IPF

	Name	Age Class	Weight Class	IPF	Division	Competition
1	Elizabeth Jones	U23	72	600.79	SE	British Equipped
2	Sheri Miles	Senior	84	597.12	SE	EPF European Equipped
3	Ana Rojo-Echeburua	Senior	72	532.81	SE	EPA All England
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Classic Bench IPF

	Name	Age Class	Weight Class	IPF	Division	Competition
1	Suzanne Daniel	U23	63	740.63	SE	EPF European Classic
2	Sheri Miles	Senior	72	699.60	SE	BP British Classic
3	Florence Walton	Senior	72	687.13	SE	SE Open
4	Kristina March	Senior	57	673.89	SE	SE Push & Pull
5	Emily Dodd	Senior	57	672.61	SE	IPF Classic Bench Press
6	Rebecca Coggle	Senior	84+	653.06	SE	Commonwealth
7	Lucy Hyde	Senior	84	649.14	SE	BP British Classic
8	Madelaine Daniel	U23	63	647.01	SE	BP British University
9	Lincoln Rose	M1	72	635.14	SE	EPA English Bench Press
10	Megan Douglas	U23	72	623.78	SE	SE Summer Divisional
11	Jackie Strand	Senior	72	621.62	SE	SE Open
12	Elizabeth Jones	U23	84	605.04	SE	BP British Classic Bench
13	Jana Lee Morris	Senior	72	604.88	SE	BP British Classic
14	Elaine Collins	Senior	57	595.44	SE	BP British Classic Bench
15	Claudia Luscombe-Whyt	M1	72	590.46	SE	BP British Masters Classic
16	Lydia Forrest	U23	57	588.46	SE	Commonwealth
17	Ellie Collins	Senior	63	586.38	SE	SE Push & Pull
18	Elly Barr-Richardson	Senior	63	573.58	SE	SE Classic
19	Melissa Bird	U23	84+	573.48	SE	BP British Classic Bench
20	Ana Rojo-Echeburua	Senior	72	570.13	SE	EPA Interdivisional

Equipped Bench IPF

	Name	Age Class	Weight Class	IPF	Division	Competition
1	Sheri Miles	Senior	84	573.68	SE	EPF European Equipped
2	Elizabeth Jones	U23	72	564.64	SE	British Equipped
3	Ana Rojo-Echeburua	Senior	72	512.82	SE	EPA All England
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47kg Class Top 20 Women ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Yasmin Bappoo	U23	307.5	625.98	SE	BP British Junior Classic
2	Mona shafiei	U23	285	569.08	SE	SE Open
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Equipped Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
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Classic Bench

	Name	Age Class	Total	IPF	Division	Competition
1	Mona shafiei	U23	60	563.24	SE	SE Open
2	Yasmin Bappoo	U23	55	526.03	SE	BP British Junior Classic
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Equipped Bench Total

	Name	Age Class	Total	IPF	Division	Competition
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52kg Class Top 20 Women ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Lydia Forrest	U23	305	578.65	SE	SE Open
2	Charlotte Goss	Senior	300	573.57	SE	BP British Classic
3	Tal Rosenbaum	U23	272.5	530.85	SE	IPF University Powerlifting Cup
4	Mona Shafiei	U23	265	504.57	SE	BP British University
5	Ishka Trace-Kleeberg	U23	225	431.53	SE	BP British University
6	Flora Larcombe	U18	222.5	415.71	SE	SE Open
7	Rachel Measures	Senior	212.5	395.22	SE	SE Open
8	Alice Walters	U23	192.5	357.50	SE	BP British University
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Equipped Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
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Classic Bench

	Name	Age Class	Total	IPF	Division	Competition
1	Lydia Forrest	U23	62.5	559.25	SE	SE Open
2	Tal Rosenbaum	U23	60	554.23	SE	IPF University Powerlifting Cup
3	Ishka Trace-Kleeberg	U23	60	551.25	SE	EPA English Bench Press
4	Sorrel Hens	U23	57.5	522.34	SE	BP British Classic Bench
5	Mona Shafiei	U23	55	519.28	SE	SE Summer Divisional
6	Charlotte Goss	Senior	55	502.90	SE	BP British Classic
7	Alice Walters	U23	42.5	406.16	SE	BP British University
8	Flora Larcombe	U18	42.5	403.01	SE	SE Open
9	Rachel Measures	Senior	32.5	322.62	SE	SE Open
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Equipped Bench Total

	Name	Age Class	Total	IPF	Division	Competition
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57kg Class Top 20 Women ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Kristina March	U23	350.0	636.61	SE	SE Open
2	Emily Dodd	Senior	345.0	629.97	SE	BP British Classic
3	Sally Mann	Senior	315.0	571.77	SE	BP British Masters Classic
4	Francesca Boylan	U23	315	570.27	SE	SE Open
5	Lydia Forrest	U23	310	567.79	SE	EPA All England
6	Kirstie Elbourn	Senior	310	561.27	SE	SE Classic
7	Abigail Blumsohn	Senior	292.5	534.54	SE	BP British Classic
8	Katie Reid	Senior	277.5	503.85	SE	SE Classic
9	Jessica Hobbs	Senior	272.5	493.41	SE	SE Summer Divisional
10	Shona Hughes	U23	267.5	480.62	SE	BP British University
11	Laura Petch	Senior	237.5	427.74	SE	BP British University
12	Saumya Vatsa	U23	222.5	399.50	SE	BP British University
13	Raha Salehi	U23	212.5	379.91	SE	BP British University
14	Kim Godfrey	Senior	212.5	377.63	SE	SE Classic
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Equipped Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
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Classic Bench

	Name	Age Class	Total	IPF	Division	Competition
1	Kristina March	Senior	80	673.89	SE	SE Push & Pull
2	Emily Dodd	Senior	80	672.61	SE	IPF Classic Bench Press
3	Elaine Collins	Senior	70	595.44	SE	BP British Classic Bench
4	Lydia Forrest	U23	67.5	588.46	SE	Commonwealth
5	Emma Ludlow	Senior	65	562.68	SE	BP British Classic Bench
6	Francesca Boylan	U23	65	557.37	SE	SE Open
7	Anastasia Harmer	Senior	62.5	539.91	SE	EPA English Bench Press
8	Sally Mann	Senior	60	520.56	SE	BP British Masters Classic
9	Abigail Blumsohn	Senior	57.5	505.71	SE	BP British Classic
10	Shona Hughes	U23	57.5	500.91	SE	BP British University
11	Jessica Hobbs	Senior	55	484.54	SE	SE Summer Divisional
12	Kirstie Elbourn	Senior	55	481.96	SE	SE Classic
13	Dash Murray	U23	52.5	464.83	SE	SE Push & Pull
14	Raha Salehi	U23	50	447.84	SE	BP British University
15	Laura Petch	Senior	50	447.54	SE	BP British University
16	Katie Reid	Senior	50	446.95	SE	SE Classic
17	Saumya Vatsa	U23	47.5	428.94	SE	BP British University
18	Kim Godfrey	Senior	37.5	350.33	SE	SE Classic
19	Madeline Dwyer	Senior	32.5	314.50	SE	SE Push & Pull
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Equipped Bench Total

	Name	Age Class	Total	IPF	Division	Competition
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63kg Class Top 20 Women ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Suzanne Daniel	U23	430	751.87	SE	BP British Junior Classic
2	Madelaine Daniel	U23	382.5	666.86	SE	BP British University
3	Ana Rojo-Echeburua	Senior	340	589.91	SE	BP British Classic
4	Liv Harris	U23	310	542.80	SE	SW Super Training Classic
5	Lydia Downing	U23	300	525.45	SE	BP British Junior Classic
6	Rosie Blake	Senior	300	520.55	SE	SE Open
7	Leah Bell	U23	287.5	515.97	SE	SE Open
8	Adefolakemi Adenugba	Senior	287.5	496.14	SE	SE Summer Divisional
9	Hannah O'Brien	U23	267.5	469.10	SE	BP British University
10	Jodi Collins	U18	260	449.50	SE	SE Classic
11	Alex Lidstone	Senior	255	443.29	SE	BP British University
12	Christina Langer	U23	255	440.81	SE	BP British University
13	Carmen Rapariz López-Neira	U23	255	437.65	SE	SE Open
14	Molly Fields-Berwick	Senior	235	401.60	SE	SE Summer Divisional
15	Rachel Spragg	M1	227.5	392.67	SE	SE Open
16	Hannah Oakley	U23	227.5	388.37	SE	SE Open
17	Kim Godfrey	Senior	202.5	347.58	SE	SE Open
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Equipped Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Ana Rojo-Echeburua	Senior	372.5	515.99	SE	British Equipped
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Classic Bench

	Name	Age Class	Total	IPF	Division	Competition
1	Suzanne Daniel	U23	92.5	740.63	SE	EPF European Classic
2	Madelaine Daniel	U23	80	647.01	SE	BP British University
3	Ellie Collins	Senior	70	586.38	SE	SE Push & Pull
4	Elly Barr-Richardson	Senior	70	573.58	SE	SE Classic
5	Adefolakemi Adenugba	Senior	67.5	555.86	SE	SE Summer Divisional
6	Ana Rojo-Echeburua	Senior	67.5	555.86	SE	BP British Classic
7	Sally Mann	Senior	60	518.81	SE	SE Push & Pull
8	Hannah O'Brien	U23	60	509.53	SE	BP British University
9	Liv Harris	U23	60	509.53	SE	BP British University
10	Vandra Whittome	M2	60	503.56	SE	SE Open
11	Lydia Downing	U23	55	470.37	SE	BP British Junior Classic
12	Christina Langer	U23	55	467.91	SE	BP British University
13	Carmen Rapariz López-Neira	U23	55	465.12	SE	SE Open
14	Rachel Camp	Senior	52.5	454.18	SE	BP British Classic Bench
15	Alex Lidstone	Senior	52.5	451.78	SE	BP British University
16	Jodi Collins	U18	52.5	449.45	SE	SE Classic
17	Molly Fields-Berwick	Senior	52.5	446.70	SE	SE Summer Divisional
18	Leah Bell	U23	50	442.38	SE	SE Open
19	Rachel Spragg	M1	50	433.47	SE	SE Bench Press
20	Rosie Blake	Senior	50	430.67	SE	SE Open

Equipped Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Ana Rojo-Echeburua	Senior	72.5	476.68	SE	British Equipped
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72kg Class Top 20 Women ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Sheri Miles	Senior	450	736.26	SE	EPA All England
2	Florence Walton	Senior	422.5	697.45	SE	SE Open
3	Ana Rojo-Echeburua	Senior	360	596.83	SE	EPA Interdivisional
4	Jana Lee Morris	Senior	357.5	593.01	SE	BP British Classic
5	Poppy Joshi	U23	355	585.08	SE	BP British Junior Classic
6	Claudia Luscombe-Whyt	M1	350	583.79	SE	BP British Masters Classic
7	Selina Wells	U23	342.5	567.24	SE	SE Open
8	Charlie Connor	Senior	340	559.71	SE	SE Summer Divisional
9	Emily Killick	U23	327.5	543.75	SE	SE Open
10	Alison Reed	Senior	327.5	537.08	SE	SE Open
11	Bronte Williams	Senior	325	538.85	SE	SE Classic
12	Gloria Fitzpatrick	M3	320	524.33	SE	IPF World Classic
13	Nicola Gregan	M1	320	523.24	SE	EPA All England
14	Megan Douglas	U23	317.5	527.37	SE	SE Summer Divisional
15	Emma Richardson	U23	310	534.38	SE	BP British University
16	Charley Bond	U23	305	504.55	SE	BP British University
17	Nimita Verma	Senior	302.5	502.03	SE	SE Spring Divisional
18	Jodi Collins	U18	294.5	504.70	SE	SE Open
19	Este Van Heerden	M1	292.5	481.67	SE	BP British Masters Classic
20	Lincoln Rose	M1	290	472.97	SE	SE Spring Divisional

Equipped Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Elizabeth Jones	U23	477	600.79	SE	British Equipped
2	Ana Rojo-Echeburua	Senior	405	532.81	SE	EPA All England
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Classic Bench

	Name	Age Class	Total	IPF	Division	Competition
1	Sheri Miles	Senior	92.5	699.60	SE	BP British Classic
2	Florence Walton	Senior	90	687.13	SE	SE Open
3	Lincoln Rose	M1	82.5	635.14	SE	EPA English Bench Press
4	Megan Douglas	U23	80	623.78	SE	SE Summer Divisional
5	Jackie Strand	Senior	80	621.62	SE	SE Open
6	Jana Lee Morris	Senior	77.5	604.88	SE	BP British Classic
7	Claudia Luscombe-Whyt	M1	75	590.46	SE	BP British Masters Classic
8	Ana Rojo-Echeburua	Senior	72.5	570.13	SE	EPA Interdivisional
9	Charley Bond	U23	70	553.05	SE	BP British University
10	Charlie Connor	Senior	70	550.10	SE	SE Summer Divisional
11	Alison Reed	Senior	70	548.59	SE	SE Open
12	Nicola Gregan	M1	70	547.37	SE	EPA All England
13	Poppy Joshi	U23	67.5	533.26	SE	BP British Junior Classic
14	Claire Porter	U23	62.5	514.53	SE	SE Open
15	Bronte Williams	Senior	62.5	501.88	SE	SE Classic
16	Gloria Fitzpatrick	M3	62.5	500.26	SE	EPF European Masters Classic
17	Jodi Collins	U18	61	505.68	SE	SE Open
18	Nimita Verma	Senior	60	485.47	SE	SE Spring Divisional
19	Emily Killick	U23	60	485.11	SE	SE Open
20	Emma Richardson	U23	57.5	482.21	SE	BP British University

Equipped Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Elizabeth Jones	U23	105.5	564.64	SE	British Equipped
2	Ana Rojo-Echeburua	Senior	87.5	512.82	SE	EPA All England
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84kg Class Top 20 Women ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Lizzie Mills	U23	405	640.40	SE	EPA Interdivisional
2	Sue Burrows-Meaney	M1	385	599.68	SE	BP British Masters Classic
3	Olivia Bullis	U23	370	575.56	SE	EPA All England
4	Lucy Hyde	Senior	365	562.81	SE	BP British Classic
5	Abigail Mahoney	U23	358	565.84	SE	SE Open
6	Charlie Connor	Senior	345	541.09	SE	SE Spring Divisional
7	Natalie Fletcher	Senior	325	512.16	SE	SE Classic
8	Lucy Strutt	Senior	322.5	507.33	SE	SE Summer Divisional
9	Joanna Turner	Senior	307.5	487.34	SE	SE Spring Divisional
10	Nicky Edgar	M1	307.5	472.38	SE	BP British Masters Classic
11	Megan Douglas	U23	292.5	474.30	SE	SE Spring Divisional
12	Mandy blackman	M2	182.5	285.99	SE	SE Open
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Equipped Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Sheri Miles	Senior	487.5	597.12	SE	EPF European Equipped
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Classic Bench

	Name	Age Class	Total	IPF	Division	Competition
1	Lucy Hyde	Senior	90	649.14	SE	BP British Classic
2	Elizabeth Jones	U23	80	605.04	SE	BP British Classic Bench
3	Abigail Mahoney	U23	75	564.83	SE	SE Open
4	Amie Chippendale	U23	75	564.46	SE	SE Push & Pull
5	Charlie Connor	Senior	70	528.68	SE	SE Spring Divisional
6	Olivia Bullis	U23	70	525.31	SE	EPA All England
7	Sue Burrows-Meaney	M1	67.5	509.82	SE	BP British Masters Classic
8	Megan Douglas	U23	65	510.22	SE	SE Spring Divisional
9	Elena Mariuta	Senior	65	487.76	SE	SE Spring Divisional
10	Natalie Fletcher	Senior	62.5	481.74	SE	SE Classic
11	Lucy Strutt	Senior	60	464.75	SE	SE Summer Divisional
12	Nicky Edgar	M1	57.5	439.84	SE	BP British Masters Classic
13	Joanna Turner	Senior	52.5	418.27	SE	SE Spring Divisional
14	Mandy blackman	M2	37.5	316.32	SE	SE Open
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Equipped Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Sheri Miles	Senior	112.5	573.68	SE	EPF European Equipped
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84kg+ Class Top 20 Women ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Rebecca Coggle	Senior	440	574.37	SE	BP British Classic
2	Betty Gray	M2	430	598.73	SE	BP British Masters Classic
3	Suzie Millns	M2	352.5	477.30	SE	BP British Masters Classic
4	Gemma Price	Senior	340	466.27	SE	SE Open
5	Talya Garnett	Senior	332.5	471.11	SE	BP British University
6	Nicole Chappell	Senior	330	482.18	SE	SE Spring Divisional
7	Amanda (Mandy) Mahoney	M1	307.5	447.09	SE	SE Open
8	Wendy Mason	M1	297.5	445.75	SE	SE Open
9	Birgitte Ligeon	M2	270	383.99	SE	BP British Masters Classic
10	Helen Falconer	Senior	230	323.36	SE	SEAutumn Divisonal
11	Margaret Hasler	M2	182.5	273.19	SE	SEAutumn Divisonal
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Equipped Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
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Classic Bench

	Name	Age Class	Total	IPF	Division	Competition
1	Rebecca Coggle	Senior	107.5	653.06	SE	Commonwealth
2	Melissa Bird	U23	85	573.48	SE	BP British Classic Bench
3	Betty Gray	M2	77.5	524.95	SE	BP British Masters Classic
4	Birgitte Ligeon	M2	72.5	493.25	SE	SE Classic
5	Gemma Price	Senior	70	471.84	SE	SE Open
6	Suzie Millns	M2	65	439.96	SE	BP British Masters Classic
7	Nicole Chappell	Senior	62.5	452.84	SE	SE Spring Divisional
8	Talya Garnett	Senior	62.5	441.50	SE	BP British University
9	Helen Falconer	Senior	62.5	423.21	SE	SE Classic
10	Amanda (Mandy) Mahoney	M1	57.5	420.35	SE	SE Open
11	Wendy Mason	M1	55	415.26	SE	SE Open
12	Rona Fouche	Senior	55	410.83	SE	SE Open
13	Deborah Roberts	M2	55	403.91	SE	SE Push & Pull
14	Margaret Hasler	M2	50	379.00	SE	SE Push & Pull
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20						

Equipped Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

