
Minutes of South East Powerlifting AGM 2019

AGM opened at 9.30 am on DECEMBER 14th

1. Register of all members present.

Mick Ellender

Charlotte Reynolds

Adam Reilly

Craig Wilkins

Cameron Keyes

Teneka Walford

Mark Macey

Chris Gillard

2. Apologies.

Russ Kirby

Sue Curtiss

Gary Hills

3. Minutes of 2018 AGM (please read in advance).

No concerns- **Accepted** unanimously

4. Matters Arising.

None- **Accepted** unanimously

5. Election of officers.

Role of Assistant Treasurer to be removed and be encompassed as part of General

Sec role- **Accepted** Unanimously

President	Jeff Fearon	Fearonsimba@aol.com
Chairman	Mick Ellender	C.Elender@sky.com
General Secretary	Adam Reilly	AdamReilly@btinternet.com
Treasurer	Cameron Keyes	CKeyes@hotmail.co.uk
Assistant Treasurer	Adam Reilly	AdamReilly@btinternet.com
Technical Officer	Adam Reilly	AdamReilly@btinternet.com
Web Master	Nick Grundy	NickGrundy@ol.com
Records Officer	Charlotte Reynolds	C.Elender@sky.com
Child Protection Officer Safeguarding Officer	Cameron Keyes	CKeyes@hotmail.co.uk
Child Protection Officer Safeguarding Officer	Louise Richardson Teneka Walford	LouiseHR69@hotmail.com
Drug Control Officer	Russ Kirby	RussKirby1@yahoo.co.uk
Drug Control Officer	Alexander Kolliari-Turner	Turner.Alex@ymail.com
Equipment Officer	Mark Macey	MarkM140@outlook.com
EPA & BP Representative	Mick Ellender	C.Elender@sky.com
Female Representative	Louise Richardson	LouiseHR69@hotmail.com
Media Officer	Ben Glasseock	benlg95@hotmail.co.uk
Media Officer	Emily Norley Craig Wilkins	emily.norley@hotmail.co.uk
Media Officer	Cameron Keyes	CKeyes@hotmail.co.uk
Media Officer	Teneka Walford	Teneka.W@hotmail.com
Merchandising Officer	Cameron Keyes	CKeyes@hotmail.co.uk

5.1 Election of General Secretary (Adam Reilly Interim).

Accepted Unanimously

5.2 Election of Treasurer (Cameron Keyes Interim).

Accepted Unanimously

5.3 Exec election year to be introduced. (Election year to be introduced to make people more aware that SE roles are available for everyone and anyone in the division if they are passionate enough). (CK)

Not needed to reelect every year unless someone comes forth as wanting to take on the role.

Election every three years from this AGM- Accepted Unanimously

5.4 Change Role Name of Child Protection Officer to Safeguarding Officer. (Name change to happen as we should looking after everyone within South East Powerlifting not just children as everyone could be vulnerable). (CK)

It is not a current with times as everyone can be vulnerable not just children and we have a duty to all members of BP

Accepted change- Unanimously

5.5 Dissolution of President Role. (It is an invalid role that serves no purpose to the South East division). (TW)

Honorary role that is no longer needed with the new direction for SEP

We thank Jeff for his service and he remains part of the SEP Hall of Fame

Accepted- Unanimously

5.6 Dissolution of Female Representative Role. (It is an invalid role that serves no purpose to the South East division). (AR)

Role already encompassed by SGO and Female DC Chaperone

All issues carried by BP and EPA rep for all

Accepted Unanimously

5.7 Re-elect Media Officers. (We have officers that quite frankly do not fulfill their duties. I would like to re-elect those that do the role). (TW)

Role is changing direction with SEP and requires continuity

We want the same posts on both SM platforms and to promote lifters at all international champs

Contact Head coaches for lists of division members selected for internationals

Work with BP Support for information on lifters

To change IG password annually as regulation

Elected Cameron K, Teneka W and Craig W

5.8 Nominate Teneka Walford as ~~Child Protection~~ Safeguarding officer. (Teneka has now started working in a school and is one of our most active female referees. It would make sense that she become takes up this role). (CK)

Trained in safeguarding due to work in schools

Accepted Unanimously

5.9 Re-elect safeguarding officers. (We have officers that quite frankly do not fulfill their duties. I would like to re-elect those that do the role). (CK)

FSGO elected as 5.8

Cameron K **accepted Unanimously to continue in the role**

6. Exec and Officers Reports.

6.1. Treasurer Report.

6.2. General Sec Report.

6.3. Chairman's Report.

6.4 Merchandising Report.

Issues in 2019 with availability for Merch selling

Have purchased new Merch and Team of the Year Ts

Price increase from manufacturers

To look into card machine for 2020- CK

7. Drug Testing.

7.1 Doping Officer Report.

Russ- 2 done at Bench press- no results yet due to IPF control

Few done at nationals- One known back clear

8. Referees.

8.1 Referees Course 2020.

Planned for early year exam- Surrey way for the interest

Minimum of 1 exam in 2020

8.2 Increase in SE referee expenses. (Increase SE referee money for National Competition from £20 to £25 per day.) (TW)

Helps towards cost of travel

Few travel outside of division

Accepted Unanimously

8.3 SE Referee Expenses when Hotel Required. Also to raise that to £30 per day if refereeing multiple of days and a hotel is required). (TW)

We are a very catered for division in terms of support

Rejected unanimously

Break at 10.50am - Reconvene at 11.05 am

9. Competitions.

9.1 Competition for 2020.

Bench Press champs and refs exam to be added when confirmed

To be updated on website

Accepted unanimously

9.2 Divisional Procedure for Weigh in. (A procedure on how we conduct our weigh ins at divisional competitions, therefore making sure all referees are conducting the weigh in the same way) (CK)

We cannot make IPF rules practical at all venues due to space in weigh-in room

Proposed to weigh in nude up to lifting attire

Give guide for competition attire in further comps-I.e. national procedure

Accepted unanimously

Board to draft up final agreement

9.3 Divisional Procedure for Kit Check. (A procedure on how we conduct our Kit Checks at divisional competitions, therefore making sure all referees are conducting the Kit Check the same way) (CK)

To kit check at all comps as previously agreed

To educate lifters on attire in National and international comps

To allow lifters to lift in kit that meets spec although not on the approved list

Accepted unanimously

Board to draft up final agreement

9.4 Rookie Women's Competition. (A rookie women's only event to encourage more completely new women to get in to powerlifting) (JW)

Issue with fitting it into the calendar and finding a host

If we host a women's we must host a men's

We would have to follow the same rules as all other comps i.e. kit, weigh-in, rules etc.

All our comps cater for everyone

There are gym comps that are hosted- people can talk to gyms about hosting or entering and use SE members for help and guidance on technicalities

Rejected unanimously

9.5 Increase entry fee from £20 to £25. (Increase entry to SE comps from 20 to 25, perhaps offer to cover the price of refereeing courses with the added income) (JW)

Can help host and division for extra funding

Move the % split so host gets £17.50 and SEP get £7.50

Accepted unanimously

9.6 Portaloo's at Dover. (2/3 Portaloo's at Dover comps, if too expensive maybe even further increase on comp entry. I think providing it didn't go above £30 to enter, it wouldn't put people off) (JW)

Cost of £279 for 2 toilets for 2 days

Issue for the host not SEP

A happy with the above increased funding for the 2 days comps

9.7 A regional ranking system/league table based on IPF points to be introduced. (A regional ranking system/league table - done off IPF points available in weight classes or just overall Would need a fair bit of time invested into it) (JW)

Lots of time and effort for a limited team

Craig Wilkins to take on role quarterly or when convenient for him

Accepted unanimously

9.8 Warm Up Area. (To make warm up areas larger where possible) (C)

Best space given without limiting seating

Comps are limited for this reason

Will be done where and when possible

9.9 Competition Prizes. (Prizes for top lifters, i.e. tub of protein, cash, voucher, clothing, etc. based on proposal 15.1.) (C)

Issue with products and sponsorship as per 15.1

Cannot give supplement (shakes etc) to lifters under UKAD and especially not to SJ and J

Cannot make age appropriate prizes

Still too small to move with this- maybe a future venture

Rejected unanimously

9.10 Southeast Competition Entry. (Allow Southeast Members to entry competitions first, then open it to guests. This seems to be the role in most of the divisions around the country.) (SBM)

More admin for entry persons

Accepted but time scale to be determined by entry person for each comp

9.11 Trophies for All Winning Weight Classes and Genders. (There should be trophies, or different medals, for winners of weight classes/age categories rather than awarding a single best lifter by age/gender.) (KP)

Would mean small groups would win the class

Lifters would be required to lift in allocated class or not lift at all

Small time of 2 weeks at entry close to allow for delivery (delivery estimated 3-4 weeks)

The trophies are made and paid for by the organiser so would be down to each individual host

Participation medals/trophies would have to be removed for funding

To be left to organisers to opt for the decision individually

10. Records

10.1a Certificates. (Certificates to be issued for broken SE records) (JC)

To be available on request

E-certificate or by post if requested

Shall be prompted on the day to contact record officer

Accepted

10.1b Certificates. (You shouldn't have to request record forms, if you break a south east record there should be certificates issued on the day signed by referees.) (KP)

Not plausible as they would be scruffy and handwritten

Would need an extra member of staff to fill this task

Records need to be cross referenced with nationals and internationals that may be on simultaneously to determine the record holder

Rejected unanimously

11. Social Media.

11.1 All Social Media Messages/Comments to be signed (For all media message responders to sign their name so we know who has given the information and is dealing with particular queries) (TW)

Sometimes incorrect information is given

Some respond and we don't know who is leading the correspondence

Accepted unanimously

12. Team/Club League.

12.1 Winning team of 2019

Astor Powerlifting Team- 1st- to get T-shirts and Certificate

Prime-2nd

Milton Regis-3rd

To issue certificated from this year

Promote further for 2020

13. EPA/BP Proposals.

13.1 An additional Women's Weight Class. (Currently Women have 7 weight classes while the Men have 8. I propose that women get an additional weight class added to create fair opportunity compare to men, as well as themselves. I think we need to keep -84, then add new weight class here (-92/4), due to the number of lifters in the women's 84+ category that weight around the 86-92Kg mark that compete against lifters that are 100-120Kg). (TW+CK)

Accepted to carry forth

13.2 EPA and BP Calendar. (EPA & BP Calendars be produced and published by the 1st of November for the following calendar year.

i.e. 2021 calendar be produced and published by the 1st of November 2020.

I feel this would give better notice to lifters of when competitions are and allow divisions to plan their Competitions around National competitions.). (AR)

Accepted to carry forth

13.3 Qualifying Totals 2021. (That the British Classic 3 lift Qualifying totals are increased for 2021 by 3% for Classic Sub-Junior, Classic Junior, Classic Open and Classic Masters as per presented proposal. Suggest that entry fee be increased for British Championships to balance the numbers lost by increased QT's.) (CW)

Accepted to carry forth

14. Merchandise.

14.1 Competition T-Shirts. (Some other regions give the option to buy competition t-shirts, I think this would be something cool to provide lifters and/or coaches for a fee additionally to the competition entry fee.). (KP)

Small order time of 2 weeks from entry close

No designer or specialised programme

Other divisions outsource making merch expensive and little going back to division

Our merch is still at an early stage of development

Nationals are the best time and best seller

Rejected unanimously

15. Sponsorship

15.1 SE Sponsorship (SE to investigate Sponsorship to invest bigger funds into SE Powerlifting). (C)

Issues finding sponsorship due to being a small division

No footfall for sponsors

GB Powerlifting support group to look at giving membership and 1st comp entry to 2 lifters in future

Will continue to look for sponsors when convenient

16. SE Constitution and Bylaws.

16.1 Acceptance of update South East Constitution and Bylaws.

Amendment's from 2019 AGM to be added

Issue raised over Treasurer control will sole payments- discussed as a role of trust and two-person admin/access on bank acc to audit acc- all payments are ran past chairman and GS

Accepted unanimously

17. 2020 AGM.

17.1 Movement of AGM to a more suitable location, to give each member an opportunity to come along. (Currently our AGM locations have not been in the best location to make it fair for other members to attend. I propose that we have a location which we use yearly. Ideally somewhere just of the M20 to give everyone easy access).

(CK)

To find a central location for 2020 to test trial numbers from all counties

Accepted unanimously

18. AOB.

Mark Macey suggested another Deadlift Jack for Astor competitions

Kit to be only bought for the SE and not given to clubs

MM to return record disks

To chase up equipment at inactive gyms

Accepted

AGM closed at 12.50pm