



South East Powerlifting Annual General Meeting Minutes 09/12/18 12:00

Astor College, Astor Avenue, Dover, Kent, CT17 0AS

Open to all South East Powerlifting members

- 1. Register of all members present**
Mick Ellender, (ME) Charlotte Reynolds, (CR) Adam Reilly, (AR), Craig Wilkins, (CW)
Cameron Keyes, (CK) Mark Macey (MM) (Non Member Tracy Macey)
- 2. Apologies**
Jeff Fearon, Gary Hills, Sue Curtis, Alexander Kolliari-Turner, Nick Grundy & Nathan Shaw
- 3. Minutes of 2017 AGM**
Minutes 2017 accepted by all present
- 4. Matters Arising**
None
- 5. Election of Officers**
- 6. Exec & Officers Reports**
- 7. Drug Testing**
- 8. Referees**
- 9. Competitions**
- 10. Social Media**
- 11. Proposals to EPA/BP**
- 12. 2019 AGM**
- 13. Any Other Business**



5. Election of Officers

President	Jeff Fearon
Chairman	Mick Ellender
General Secretary	Craig Wilkins
Treasurer	Adam Reilly
Assistant Treasurer	Craig Wilkins
Technical Officer	Adam Reilly
Web Master	Nick Grundy
Records Officer	Charlotte Reynolds
Child Protection Officer	Cameron Keyes
Child Protection Officer	Louise Richardson
Drug Control Officer	Russ Kirby
Equipment Officer	Mark Macey
BP & EPA Representative	Craig Wilkins
Female Representative	Louise Richardson
Media Officer	Ben Glasscock
Media Officer	Emily Norley
Media Officer	Cameron Keyes
Media Officer	Teneka Walford
Merchandising Officer	Cameron Keyes

5.0 Election of officers

5.1 Election of media officer. (CW)

Craig Wilkins to step down as media officer when a suitable replacement has been found.

I will be looking to step down as a Media Officer as it feels like I am spinning too many plates at the moment. Hopefully we can get someone on board to take over and improve on what we have at the moment. Ben Glasscock and Emily Norley have expressed an interest in the role.

[Election of Officers for 2019, officers of 2018 remain except for the Media Team which now comprises of: Cameron Keyes, Teneka Walford, Ben Glasscock, Emily Norley, for year 2019.](#)

6. Exec & Officers Reports

6.1 Treasurers Report

[Treasurers Report \(Adam Reilly\) Balance stands £7478.36 for end of 2018](#)

6.2 Chairman's Report

[Chairman's Report read by ME](#)

6.3 General Secretary Report

[General Secretary Report read by CW](#)

6.4 Merchandising Officer Report

[Merchandise Officer Report profit £201.00 \(2017\) £48.00 \(2018\)](#)

[SE Powerlifting T Shirts £12:00 or two £20.00](#)

[PayPal Account cards for merchandise purchase to be reviewed by SEC Executive.](#)

7. Drug Testing

[Drug Officers Report 2018 \(Russ Kirby\) Three tests pending results, No positive tests to date.](#)



8. Referees

Three new referees qualified Charlotte Reynolds, Ben Glasscock & Sue Curtis, the SE now has 28 referees. Future referee exams will be held on an out of competition basis. Referees exam set for 2019 dependant on demand. Congratulations to Mick Ellender & Gary Hills as new qualified IPF Category One referees.

9. Competitions

9.1 Divisional calendar for 2019

SE Classic 11/12 May - Dover

SE Push N Pull 30 June - Sittingbourne

SE Bench 20 October – Sittingbourne

SE Open 02/03 November – Dover

Further competitions to be finalised for 2019 within the SE dependant on venue availability to be reviewed by SEC Executive

9.2 SE Calendar be produced and published by the 1st of November for the following calendar year. i.e. 2020 calendar be produced and published by the 1st of November 2019.

I feel this would give better notice to lifters of when competitions are and allow them to plan their training, particularly for competitions at the start of the year. I do not see why we need to validate the calendar at the AGM as this only appears to delay the calendar being published. The calendar could be validated by the executive of SE Powerlifting. (AR)

Agreed

9.3 Competition payments

We formally define the following rules regarding competition payments.

1. If a lifter withdraws from the competition before the closing date their entry fee is refunded
2. If a lifter withdraws from the competition after the closing date their entry fee is not refunded.
3. Payment must be received within 7 days of receiving an entry form for the entry to be accepted.
4. Payment must be received before the closing for the entry to be accepted.
5. Payment must be made as per instruction on entry form for the entry to be accepted.
6. Any payment received for entries not accepted be refunded to the lifter.

Agreed, CW to also add terms to entry forms when possible.

9.3 Hosting National competitions (British Men's Classic 31/08-01/09 & Home Nations Championships 23/11).

Astor hosting, division to support.

9.4 For the weigh in, especially where we have mixed sex or several flights, I suggest we produce a list by flights/lot number to prioritise the female/first flights with a list on the door and call them in by name. This would allow the first flights more time, speed up finding the lifter and avoid having to drag people out of the line to jump the queue. In the event someone turns up late they will have to wait their turn, but it should smooth the process. The bones of the list already exist for the table, so it is just one more print and a process that we could stress to the lifters when put on the website.

(ME)

Agreed, Weigh in's at future competitions to be done on lot number when possible.



10. Social Media

(e.g. Facebook/Instagram/SE Website) to be reviewed by Media Team

11 EPA/BP Proposals

11.1 To EPA/BP AGM

The EPA submits propose made by English divisions to the BP AGM in topic order instead of division order. I feel this would make the BP AGM flow more smoothly as some division propose similar proposals which should be discussed together or one after another. (AR)

Agreed

11.2 To EPA AGM for BP AGM

British Powerlifting introduce caps to lifter numbers per weight class at British Championships. A suitable number would be 14 lifters per weight Class. As this is the maximum number per group. This could be achieved in the following way.

Keeping QT in place allow lifters that have Qualified to enter via the website, their name and QT achieved are listed on the website, at the closing date the top 14 per weight class are entered into the championship and asked to pay. Lifter ranked 15th or below are not entered.

An exception would be the University Championship as this is a team event which selects the teams for the IPF worlds. Therefore a cap on the number per team should be introduced. I propose a Min & Max cap system to only allow valid teams to enter.

Min cap could be Number of Team members allowed for IPF Worlds – 2

Max cap could be Number of Team members allowed for IPF Worlds + 2 (AR)

Agreed

11.3 To EPA AGM for BP AGM

That the British Qualifying totals are increased for Classic Sub-Junior, Classic Junior, Classic Open and Classic Masters as per presented proposal. Suggest that entry fee be increased for British Championships to balance the numbers lost by increased QT's. (CW)

Agreed

12. AGM

12.1 AGM date and host 2019

AGM 2019 14/15 December Herne Bay (to be finalised)

13. Any other business

Adam Reilly has produced IPF standard referee lights. The SE Committee thanked AR for his personal efforts with making these. Proposal from SE Committee (SEC) to purchase these lights – (circa £500) price to finalised over the next few weeks, by AR

Laptop purchased by SEC General Secretary Craig Wilkins to pass to MM details to be added to SE Equipment List. SE Equipment List circulated to SEC

SEC Thanks to Nick Grundy for Website development.

New venue 'Like 2 Lift' based at Redhill added for possible future competitions.

Milton Regis Powerlifting Club (MRPC) topped the 'Club Leader board' with refereeing, spotting, hosting competitions, and lifters competing, just pipping Astor Powerlifting by one point! 10 T shirts awarded MRPC, T-shirt sizes to be forward KC

Minutes compiled by Mark Macey 11/12/18