

South East Open Championships 19/11/16 @ Astor College of the Arts

Name	Team	Age	Bwt (kg)	Wt (kg)	SQ-1	SQ-2	SQ-3	BP-1	BP-2	BP-3	DL-1	DL-2	DL-3	Total	Wilks
Chloe Brennan-Card	SE	U20	50.15	52	-80	80	-90	47.5	-50	-50	95	105	112.5	240.0	307.61
Kristina March	SE	Senior	55.22	57	87.5	97.5	-102.5	62.5	67.5	-70	135	142.5	145	310.0	368.78
Danielle Summers	GL	Senior	56.40	57	75	85	-90	37.5	42.5	-45	85	92.5	95	222.5	260.35
Harriet Milligan	SE	Senior	59.70	63	95	102.5	-107.5	45	50	55	125	132.5	137.5	295.0	330.16
Emily Killick	SE	U18	61.80	63	95	102.5	-112.5	40	45	-52.5	100	115	130	277.5	302.42
Ana Rojo	SE	Senior	60.75	63	75	-82.5	82.5	40	47.5	-52.5	100	110	-120	240.0	265.01
Beth Mitchell	EM	Senior	60.40	63	50	55	60	25	27.5	30	80	85	87.5	177.5	196.88
Natasha Oxford	SE	Senior	59.50	63							115	125	-132.5	0.0	0.00
Katie Grove EQ	EM	Senior	70.40	72	140	160	170	60	65	-70	150	165		400.0	396.40
Susanna Argile	SM	Senior	71.00	72	-127.5	132.5	145	85	90	92.5	130	150	155	392.5	386.69
Emily Williams	GL	Senior	71.75	72	122.5	132.5	140	60	62.5	65	130	140	150	355.0	347.30
Kenlyn Stewart	GL	Senior	71.50	72	100	107.5	112.5	50	55	57.5	125	132.5	140	310.0	303.99
Sue Burrows-Meaney	SE	M1	70.60	72	110	-115	-115	55	57.5	-60	120	130	135	302.5	299.17
Lisa Bacon	SE	Senior	68.55	72	107.5	115	-122.5	60	65	67.5	115	-125	-125	297.5	300.33
Kim Diaper	SE	Senior	70.60	72	90	100	-110	47.5	52.5	-55	110	120	-130	272.5	269.50
Elizabeth Mills	SE	U23	70.25	72	82.5	87.5	92.5	50	-52.5	-52.5	107.5	112.5	115	257.5	255.54
Chloe Evans	SE	U23	82.80	84	90	100	110	47.5	52.5	55	110	120	127.5	292.5	262.75
Katya Vezzadini	SE	Senior	72.20	84	90	-97.5	102.5	50	55	-60	110	122.5	130	287.5	280.08
Jade Beeson	SE	Senior	73.40	84	-80	80	-90	45	50	55	100	110	115	250.0	240.95
Diana Miscenko	SE	Senior	78.60	84	75	80	85	37.5	40	-42.5	90	97.5	102.5	227.5	210.26
Julie Rider	SE	Senior	96.90	84+	90	100	120	-102.5	102.5	107.5	150	170	180	407.5	342.59
Scarlett Sotiris	SE	Senior	85.90	84+	120	125	-127.5	60	67.5	-75	160	170	175	367.5	324.17
Jo Beesley	SE	Senior	96.55	84+	122.5	130	135	52.5	57.5	-62.5	120	130	137.5	330.0	277.76
Hwee Lee Richards	SE	Senior	85.70	84+	110	115	120	42.5	47.5	52.5	107.5	112.5	117.5	290.0	256.10
Teneka Walford	SE	U23	92.80	84+	100	107.5	-112.5	57.5	62.5	-67.5	107.5	112.5	-117.5	282.5	241.14
Rakib Abdul	SE	Senior	64.30	66	100	105	110	70	75	77.5	120	130	140	327.5	262.82
Jamie Payne	SE	Senior	73.45	74	160	170	180	115	122.5	-130	185	195	205	507.5	367.02
Ben Kyriakou	SE	Senior	71.90	74	160	170	180	95	105	110	190	200	210	500.0	367.25
Andrew Johnston	GL	Senior	71.50	74	150	160	162.5	90	100	105	190	210	225	492.5	363.22
Ben Streatfield	SM	Senior	72.60	74	160	170	-180	95	102.5	-107.5	190	-200	-200	462.5	337.30

Daniel Farrugia	SE	Senior	72.60	74	120	135	140	90	100	105	155	170	180	425.0	309.95
Luke Wells	SE	Senior	73.20	74	115	-120	125	90	95	-100	150	165	180	400.0	289.96
James Blanchard	SE	Senior	82.50	83	215	225	230	140	145	-150	215	225	-230	600.0	401.94
Rob Jaye	SE	Senior	81.10	83	180	-190	-190	140	147.5	-150	200	210	-215	537.5	363.83
Oliver Helm	SE	Senior	80.50	83	190	200	-205	95	105	110	-200	200	215	525.0	357.00
Mark Webster	SE	Senior	79.00	83	175	-185	-185	125	-127.5	-127.5	200	-207.5	-207.5	500.0	344.10
Simon Passey	SE	Senior	81.45	83	165	175	185	105	112.5	-120	180	190	200	497.5	335.86
Ryan Beeson	SE	Senior	82.00	83	150	160	-170	95	100	-105	180	200	-212.5	460.0	309.30
James Gill	EM	Senior	81.00	83	-130	130	140	110	115	-125	175	185	195	450.0	304.83
Thomas Hall	GL	Senior	80.75	83	145	157.5	-170	100	107.5	-115	185	-200	-200	450.0	305.41
Ben Goodman	SE	Senior	79.30	83	142.5	150	155	92.5	97.5	102.5	165	175	182.5	440.0	302.06
Richard Perfield	SE	Senior	88.40	93	210	220	227.5	165	-175	-175	240	255	265	657.5	423.69
Harry Grove	SE	Senior	91.10	93	215	225	-235	130	137.5	-142.5	255	272.5	-283	635.0	402.91
Ryan Godding	SE	Senior	90.85	93	190	205	-217.5	125	135	145	240	265	-275	615.0	390.77
Joe Van der Toorn	SE	Senior	90.40	93	190	205	215	115	122.5	130	235	245	255	600.0	382.20
Owen Morgan	SE	Senior	91.00	93	185	195	202.5	130	135	140	245	257.5	-275	600.0	380.94
Drew Blackman	SE	Senior	92.50	93	190	205	-217.5	135	145	-150	200	220	235	585.0	368.43
Jamie Pearce	SE	Senior	91.10	93	185	195	-205	122.5	127.5	135	205	212.5	222.5	552.5	350.56
Ian Chapman	SE	Senior	92.05	93	160	170	180	110	117.5	122.5	200	210	220	522.5	329.85
David Cole	SE	Senior	90.55	93	145	155	165	100	112.5	120	175	190	205	490.0	311.84
Michael Goodwin	SE	Senior	99.90	105	212.5	222.5	232.5	150	157.5	165	240	252.5	265	662.5	403.33
Dave Downs	SE	Senior	102.90	105	215	225	-230	137.5	145	150	250	260	-273	635.0	382.21
George Souter	SE	Senior	98.50	105	210	220	-230	150	-160	-160	240	-250	250	620.0	379.63
Gary Langton	GL	Senior	98.95	105	205	217.5	220	130	140	-145	232.5	245	250	610.0	372.83
Liam Tye	SE	Senior	95.60	105	195	205	210	115	122.5	127.5	210	220	225	562.5	348.92
Alex Beevis	SE	Senior	102.10	105	160	170	-182.5	142.5	150	155	200	220	235	560.0	338.07
Paul Dawson	SE	Senior	94.90	105	170	177.5	185	120	127.5	135	215	225	235	555.0	345.38
Sergio Stelitano	SE	Senior	102.50	105	150	165	-180	100	115	125	170	190	-205	480.0	289.34
Reggie Smith	SE	Senior	117.00	120	220	240	-260	160	175	185.5	220	240	260	685.5	396.56
Joseph Buckton	SE	Senior	106.50	120	195	210	212.5	132.5	142.5	145	205	227.5	230	587.5	349.33
George Fisher	SE	Senior	111.20	120	190	200	207.5	107.5	112.5	117.5	210	220	225	550.0	322.63
Matthew Ward	SE	Senior	110.90	120	192.5	205	-215	120	-127.5		210	-235		535.0	314.05
Oliver Millen	SE	Senior	140.99	120+	195	-205	-205	135	145	150	240	-250		585.0	326.55

**Referess** - Louise Richardson, Sergei Licis, Craig Wilkins, Russ Kirby, Julie Briggs, Mick Ellender, Adam Reilly, Mark Macey, Cameron Keyes, Lee Richards, Dan Farrugia & Lawrence James

**Table Staff** - Adam Riley, Craig Wilkins, Mick Ellender, Diddy Cridland, Daniel Fletcher, Carlotta Reynolds & Sinead-Marie Driver

**MC** - Adam Riley, Craig Wilkins & Mick Ellender

**Loaders** - Mike King, Sheri Miles, Martin Wilkins, Tom Calnan, Darren Calnan, Tom Shaw, Cameron Keyes, Diddy Cridland & Daniel Fletcher

**Refreshments** - Luis Corbo, Amelia Corbo & Astor Powerlifting