

South East Classic @ Astor College 06/05/17

Name	Team	Age	Bwt (kg)	WtCis (kg)	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	Total	Wilks Pts
Lee James Chedumbrun	SE	Senior	65.15	66	-132.5	140	145	145	90	95		95	240	200	210	220	220	460	365.10
Rakib Abdul	SE	M1	64.35	66	110	115	120	120	80	-85	85	85	205	135	150	160	160	365	292.73
Ronan Bell	SE	M2	72.7	74	150	160	165	165	107.5	115	120	120	285	170	185	192.5	192.5	477.5	347.86
Jack Kittridge	GL	Senior	73.7	74	160	-167.5	-167.5	160	90	95	-100	95	255	170	180	187.5	187.5	442.5	319.22
Tom Keating	SE	Senior	68.55	74	130	-135	135	135	65	72.5	-75	72.5	207.5	170	-180	-180	170	377.5	287.50
Doug Graham	SE	M3	73.55	74	115	125	130	130	70	75	-77.5	75	205	160	-167.5	-167.5	160	365	263.68
Malcolm Bainbridge	SE	M4	66.1	74	95	105	115	115	65	70	75	75	190	160	170	-187.5	170	360	282.31
Will Mann	GL	Senior	81.15	83	170	180	-190	180	-120	120	-125	120	300	220	230	240	240	540	365.42
Michael Craggs	SE	Senior	80.25	83	127.5	135	142.5	142.5	100	107.5	-110	107.5	250	172.5	182.5	190	190	440	299.82
Vincent Chim	SE	Senior	81.2	83	150	160	-167.5	160	80	90	-100	90	250	155	165	180	180	430	290.85
Dan Farrugia	SE	Senior	80.45	83	130	140	142.5	142.5	95	105	-110	105	247.5	165	175	-182.5	175	422.5	287.43
Michael Collins	SE	M3	81.9	83	120	130	140	140	90	97.5	102.5	102.5	242.5	170	-180	-180	170	412.5	277.57
Paul Golding	SE	M2	82.55	83	170	180	-190	180	-100	107.5	110	110	290	105	0		105	395	264.53
Ted Cooper	SE	M5	82.7	83	90	-100	-100	90	60	-70	-70	60	150	120	140	-150	140	290	193.98
James Ingram	SM	Senior	82	83				0	105	115	-122.5	115	0				0	0	0.00
Matt Morsia	SE	Senior	92	93	215	230	245	245	145	155	-160	155	400	240	260	270	270	670	423.11
Richard Perfield	SE	Senior	88.45	93	215	225	232.5	232.5	160	170	180	180	412.5	250	-262.5	-262.5	250	662.5	426.78
Ryan Godding	SE	Senior	90.6	93	200	210		210	135	-142.5	-142.5	135	345	260	270	275	275	620	394.51
Ben Miller	SE	Senior	91.7	93	185	195	-205	195	130	140	145	145	340	190	210	-230	210	550	347.87
Stuart Alexander	EM	M1	91.85	93	170	190	200	200	100	115	122.5	122.5	322.5	180	210	225	225	547.5	346.02
James Massey	EM	Senior	88.95	93	162.5	170	180	180	92.5	97.5	-102.5	97.5	277.5	190	200	210	210	487.5	313.12
Joe Leppard	GL	Senior	91.35	93	137.5	145	152.5	152.5	117.5	122.5	-127.5	122.5	275	167.5	177.5	185	185	460	291.50
Daniel Lester	EM	Senior	86.8	93	165	175	-182.5	175	92.5	100	-105	100	275	160	172.5	180	180	455	296.07
Zachary O'Sullivan	SE	Senior	92.3	93	132.5	142.5	150	150	90	92.5	-95	92.5	242.5	185	-200	-200	185	427.5	269.54
Kieran Maguire	EM	Senior	84.85	93	140	147.5	152.5	152.5	95	100	-107.5	100	252.5	157.5	165	170	170	422.5	278.43
Gary Hazard	SE	M4	88.8	93	-60	80	100	100	60	-100	-100	60	160	100	120	-140	120	280	179.98
Russ Kirby	SE	M1	101.4	105	250	270	277.5	277.5	175	180	182.5	182.5	460	265	280		280	740	447.92
Steve Blackwell	SE	M2	102.5	105	200	215	227.5	227.5	140	145	150	150	377.5	240	260	275	275	652.5	393.33
David Downs	SE	Senior	105	105	217.5	227.5	232.5	232.5	140	-150	-150	140	372.5	252.5	262.5	273	273	645.5	385.75
Alex Beevis	SE	Senior	102.6	105	190	-200		190	165	170.5	-172.5	170.5	360.5	265	-273	-273.5	265	625.5	376.93
Peter Szoke	SE	M1	100.6	105	170	180	185	185	155	165	-175	165	350	210	225	235	235	585	355.15
Liam Tye	SE	Senior	93.4	105	205	215	225	225	120	127.5	-130	127.5	352.5	210	220	230	230	582.5	365.17
Richard Cunningham	SE	Senior	102.6	105	150	157.5	167.5	167.5	100	107.5	-115	107.5	275	190	200	202.5	202.5	477.5	287.74
David Glendower	SE	M1	97	105	75	90	100	100	67.5	72.5	75	75	175	125	140	150	150	325	200.30
David Sinclair	SE	M1	105.6	120	200	210	225	225	130	135	145	145	370	180	200	220	220	590	351.88
Jack Morecroft	SE	Senior	110.4	120	190	-210	-210	190	110	120	130	130	320	210	-225	230	230	550	323.29

Referess - Julie Briggs, Craig Wilkins, Adam Reilly, Cameron Keyes, Nick Grundy, Mick Ellender, Gary Hills, Russell Kirby, Daniel Farrugia, Sergei Licis & Lawrence Jame

Table Staff - Diddy Cridland, Charlotte Reynolds, Sinead-Marie Driver & Adam Reilly

MC - Adam Reilly & Craig Wilkins

Loaders - Diddy Cridland, Daniel Fletcher, Tom Shaw, Alexander Kolliari-Turner & Jason Mallon

Refreshments - Astor Powerlifting & Referees